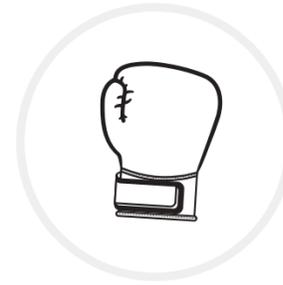


THE BOXING PROJECT



EXPAND

Creating hubs in Perth's north, central and east, replicating the successful model of co-participation currently in operation in the south.



ADVOCATE

Proactively engage with opportunities to create industry awareness and best practice.



CREATE

Develop an online 'train-the-trainer' platform that allows us to support regional centres.



AMPLIFY

Engaging the power of leadership and one-for-one mentor and sponsorship models.

EMPOWERING WOMEN TO CLAIM THEIR SPACE WITHOUT APOLOGY

MISSION

- Boxing and strength sessions
- Participant led workshops on mental health and gendered issues
- Advocacy and change leadership

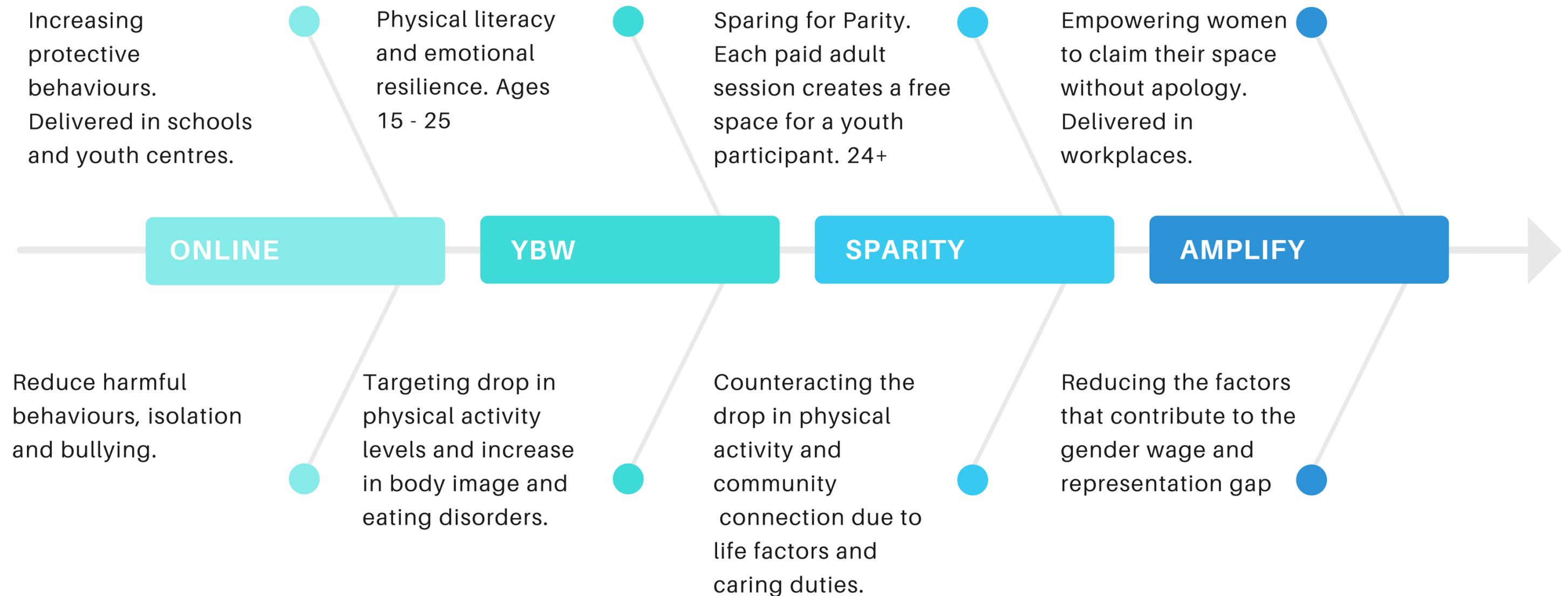
Core Principles

Co-design
Participant-led
Strengths Based
Inclusive
Cultural Humility
Partnership
Mentors
Child safe
Multi-discipline
Evidence based

VISION

Improving physical literacy and emotional resilience to increase self-efficacy and advocacy

A WHOLE OF LIFE APPROACH; TARGETING TIMES OF TRANSITION AND INCREASED STRESS.



Activities that Support Outcomes

Increase Physical Literacy

Increase membership at current locations by 20%

Expand and create hubs across youth centres, schools and workplaces

Utilise online platform to engage and inform

Improve Emotional Resilience

Continue to collaborate with support services in each area

Utilise media platforms to promote and inform healthy habits

Provide tools to participants that allow them to build their abilities

Reduce Gendered Challenges

Informed advocacy

Engage with industry bodies to create best practice standards and training

Cultural and linguistic diversity at all stages and levels of operations

Ensure Organisational sustainability and development

Meaningful staff engagement opportunities offered to corporate partners

Growing and diversifying income streams with an emphasis on unattached funding

Succession planning participants into peer-mentor and paid roles